

Lucan Athletic Association (L.A.A.) Inc.
Lucan, ON
BY – LAWS

May 2025 REVISED EDITION

It is the intent and objective of L.A.A to foster, promote and teach amateur hockey within Lucan and area to all players and provide equal and maximum opportunity for all eligible individuals to participate regardless of ability, in order to develop and encourage sportsmanship, community spirit and good fellowship to the betterment of the their physical, mental and social well being.

The following by laws are directed to the attainment of this intent and objective.

By-Law 1

REGULATIONS GOVERNING COMPETITION

A. REGISTRATION

The minimum age for registration is 4 (four) years of age on December 31st of the year the season begins, except in special circumstances as determined by the Executive.

The age groups for the various divisions are as follows:

U5 -	Minimum 4 years of age
U7 -	6 & under years of age
U8 -	7 & under years of age
U9 -	8 & under years of age
U11 -	10 & under years of age
U13 -	12 & under years of age
U15 -	14 & under years of age
U18 -	17 & under years of age
U21 -	under 21 years of age

All players must be registered using the online program provided by the L.A.A., and pay the current registration fees as set by the L.A.A executive before being permitted to play, with exceptions as decided by the executive. All players must have a parent/guardian complete the online registration form, unless the player is 18 years or older.

Late Registration

Anyone wishing to register after the registration close date will do so with the approval of the VP of registration and President who will consult with the coach of the team the player wishes to join. If the player is not joining the lowest team in that classification eg. Local league and wishes to join a Rep team after team selections, it must be approved by the executive. The player will pay the fee as set out below. Any deviation from this requires executive approval

Fee

An additional late registration fee of \$100 will be levied against the player unless the requirement is removed by executive. Anyone joining before Nov 1 but after spring/summer registration cutoff will pay full registration, full fundraising, and late fee.

Anyone joining after November 1 will pay a pro-rated registration fee determined by the Executive.,.

The cutoff would be if the team has a full roster, executive capped the team numbers or the final roster submission date has passed.

Note: If any of the above is triggering the family rate then that is the amount that would be prorated as well as any trigger in extra fundraising. All must submit a bond cheque per child (if required) and volunteer to work the number of hours.

All applications for registration must provide furnish proof of age (birth certificate) and proof of residency (parent/guardian valid drivers licence), baptismal certificate, Doctor certificate or some other certified birth affidavit).

Volunteer Bonds

L.A.A. runs successfully when we have everyone's support and effort to help us run teams, tryouts, development ice, tournaments, fundraisers, base operations and special events.

Parents are required to volunteer 3-5 hours PER child during the season and it is your responsibility to sign-up to secure your hours. Volunteer opportunities will be posted on the website and in some cases included in the monthly newsletter to the membership. Failure to satisfy your volunteer hours will result in a fee of \$100 per missed commitment (e.g. a parent of 2 players who does not meet the required hours will be required to pay \$100x2).

The exact numbers of hours will be determined prior to the start of the season once the size of the membership and intended events are confirmed. This information will be posted to the website and optionally shared in an early season communication.

A limited number of Family Bond positions are available for key roles supporting the organization and each team. Examples include: Executive, Timekeeper Organizer, Tryout Organizer, Tournament Coordinator, Head Coach, Trainer, Team Manager, etc. Head Coaches will provide the names of the individuals aligned to the bond positions (single or family) that are available for each team. Executive Board members serving 4 terms will receive a Lifetime Bond.

Refunds

Refunds on registrations can be obtained from the VP of Registration on proof of registration and return of equipment belonging to L.A.A.

Comparative Refund Policy Table (OWHA/OMHA)

Month Refund Request Received	U5/U7/U9 Registration Cost Refund (Minus Admin Fee)	U11-U18 Registration Cost Refund (Minus Admin Fee)
May	Full Refund	Full refund
June	75% refund (25% non-refundable)	75% refund (25% non-refundable)
July	75% refund (25% non-refundable)	50% refund (50% non-refundable)
August	75% refund (25% non-refundable)	50% refund (50% non-refundable)
September	50% refund (50% non-refundable)	25% refund (75% non-refundable)
October	25% refund (75% non-refundable)	25% refund (75% non-refundable)
After October 31	No refund	No refund

Any late fee they may have paid or tryout fee is non-refundable. After October 31 there will be no refunds given. Any family discount applied at registration will be owed if registration is canceled.

* \$200 Fundraising Fee (cash calendars) cannot be refunded if the cancellation is after November 1st as all tickets will be in the draw already and cannot be removed

ELIGIBILITY

Participation is open to all qualified residents upon payment of the prescribed registration fees and compliance with registration regulation including provision of proof of age and residency as hereinafter provided. Participation will also be available to qualified residents of immediate areas subject to OMHA or OWHA regulations. The association reserves the right to prescribe qualification requirements from time to time including the promulgation of by-laws specifying grounds for refusing or withdrawing participation, disciplinary actions and related matters. Without limiting the foregoing, participation will be refused or withdrawn as the case may be, in any case where the registrant is unable

for any reason, to actively participate in mandatory training or practice games as determined by the association.

UNIFORMS

The sweaters will be the responsibility of the team sweater rep, cared for through the season including periodic washing, and should be returned at the end of the season clean and with all name bars removed without causing damage to the jerseys. All teams will be provided with a set of Green and White sweaters for use during the season.

All players during games and practices must wear the proper protective equipment as follows:

- a) Approved CSA headgear including chinstrap properly fastened
- b) Approved athletic support and cup
- c) Approved hockey gloves
- d) Approved hockey shin pads
- e) Hockey pants, shoulder pads and elbow pads
- f) A regulation hockey stick must be used for all league play
- g) Approved CSA neck protector BNQ
- h) Approved CSA throat protector for goalies
- i) Approved mouth guards as required by OMHA or OWHA

Approved equipment must be as per requirements of the Hockey Canada, O.M.H.A or OWHA or any group with whom the L.A.A. may be affiliated. All goalkeepers must wear an approved facemask and helmet, chest pad, goalie pads and use a regulation stick, OMHA regulation 39-b.

Executive shall retain the authority to dictate the appearance of players and participants beyond the set requirements of OMHA and OWHA. For clarity, approval to use any alternate jerseys must be obtained from Executive prior to purchase or use.

BY-LAW 2

A. PLAYING RULES – GENERAL

The playing rules shall be Hockey Canada, superseded by any OMHA, OWHA or L.A.A ruling.

B. PLAYING RULES – REP TEAMS

The playing times of players in the Representative Team shall be left to the direction of the coach. But every effort should be made to provide equal ice time for all players. Adherence to the expectations/requirements of OMHA, OWHA, and Hockey Canada.

At the discretion of the executive, the LAA will support teams making Provincial (or equivalent) Championship finals, by covering a portion of the cost of tournament registration. Amounts are determined on an annual basis in March.

C. PLAYING RULES – HOUSE LEAGUE TEAMS

It shall be the responsibility of the Executive through the Director of Local League, as well as each Coach, to see that ALL players are played equally on House League Teams

D. PENALTIES

The responsible office of the Team (Coach or Manager) shall see to it that ALL suspensions are enforced without any further notice.

E. SUSPENSIONS

Any player or coaching staff may be suspended for any of the following infractions:

- For abusive language, profanity, or gestures
- For destroying or mishandling or property belonging to others
- For inappropriate conduct, on and off the ice
- For stealing of property belonging to others
- For receiving a second major penalty during a game

Any appeal to disciplinary action and/or suspension shall be filed in writing with the President or Secretary of the Association for review by the Executive Committee.

BY-LAW 3

A. COACHES DUTIES AND RESPONSIBILITIES

- Coaches are responsible for developing and maintaining an awareness of good contact among their team members while in competition and instilling good sportsmanship and teaching hockey skills.
- Coaches are responsible for appointing a team manager (and trainer whenever possible)
- Coaches are responsible to keep spectators off the players' bench.
- A coach may interchange players to any position on their team, which they feel is necessary for the improvement of that team.
- The executive is empowered to relieve a coach, or temporarily suspend them if identified concerns are not resolved with the Director of Coaching.
- Each Coach, Assistant Coach, Trainer, Assistant Trainer, and Manager as an official of the Association shall be responsible for the proper observance of the Constitution and By-Laws of the Association.
- The coach will be held responsible and accountable for all activities of their team.
- The team representative is responsible for administering the Associations promotion such as money making ways and means project as so determined by the association during the season.
- Coaches, Managers or other persons representing any team participating in L.A.A. may NOT approach any outside sources for funds unless agreed on by the Executive.
- Providing the timekeeper with a properly configured gamesheet from showing the name of the team, date of the game, all competing players' names and their corresponding numbers, at least FIVE MINUTES before game time.
- Assuring that their players are properly dressed before the time his games are scheduled to begin.
- Assuring that all equipment and sweaters are returned to the equipment room after each game.
- The coach is responsible for receiving the initial complaint from parent or player in writing and if it cannot be resolved at this level it is forwarded to the Director of Coaches.

BY-LAW 4

A. REPRESENTATIVE TEAM – SELECTION

No Rep Coach shall move with a team as it advances season to season, 2 year maximum unless it is deemed advisable by the Executive.

B. HOUSE LEAGUE TEAMS – SELECTION

It shall be the Director of House League to oversee the creation of balanced teams with the input from evaluation processes (where available), current coaches, past coaches, and input from Executive.

BY-LAW 5

Awards and Banquet

The association will display a banner to be displayed in the Arena to recognize any team which reaches OMHA finals, OWHA finals, or wins the International Silverstick Tournament.

BY-LAW

MISCELLANEOUS EXPENSES

Any expenses to be incurred by the association must be approved by the executive.

In the interest of expediency, any expense up to and including \$200.00 may be approved by the President or Treasurer should it be necessary to incur such expense prior to a scheduled meeting of the executive.

BY-LAW 8

Staff Positions

Supporting staff positions will be established at the direction of the Executive for the purposes of delivering programming in alignment with the objectives of L.A.A. All positions are non-voting and only attend Executive meetings at the request of the President in order to discuss specific agenda items. The staff only attend for their topic. Examples include: U7 Coordinator, Development Coordinator, Photo Night Lead, Social Media, Manager Coordinator, etc.

BY-LAW 9

Player Affiliation Policy

This applies to all players with an affiliated player status. This includes an Affiliated Player (AP) under Ontario Minor hockey Association (OMHA) rules and a Female Development Players (FDP) under Ontario Women's Hockey Association (OWHA) rules.

The objective of this affiliated player policy are to provide part-time development opportunities for players, and to provide occasional extra roster players for teams. This is consistent with the objectives of the OMHA affiliated player rules.

All OMHA AP and OWHA FDP rules will apply first. Lucan Athletic Association (LAA) rules cannot override OMHA or OWHA rules. In the event of a conflict between LAA and any OMHA or OWHA rule, the OMHA or OWHA rule shall apply.

Beyond OMHA and OWHA rules, the following LAA rules will apply:

1. Affiliated players are obligated to their primary rostered team first and will attend all practices and games with their rostered team, unless agreed to in advance by both coaches.
2. The only exceptions to the above rules will be at the discretion of the LAA Executive.
3. On a season by season basis, the LAA Executive may approve full time, or near full time affiliation of players where it is in the best interest of the association. This means that players may be approved to play on two teams (one as an affiliated player) only when it is required to ice a second team.

With regards to female players affiliating to boys (OMHA) teams, the following extra rules will apply:

1. Any player carded to a girl's team will only be affiliated to an OMHA team at an equal or higher category.
2. Female players registered with a girl's competitive team will be allowed to affiliate to the boys rep team at the same age level, or to the Additional Entry or Rep team at a higher age level.

BY-LAW 10

Player Movement

All player movement will be assessed and approved by the Executive in order to ensure an optimal development environment by balancing the needs of all L.A.A. participants. A player may be placed on a non-standard team in extenuating circumstances.

1. OWHA Players wishing to participate on OMHA teams
 - Previously OWHA rostered players should indicate their intention to participate on an OMHA team for the upcoming season at registration
 - Changing designation from OWHA to OMHA must be made in writing by August 1 to the VP of Registration and President
2. Exceptional Player
 - It is recommended for players wishing to participate at a higher age group to make their intention known as soon as possible to assist with team structure decisions.

- Players seeking to play at a higher age group must participate in tryouts in order to be assessed. This also includes players attempting to participate within the L.A.A. through a Permission to Skate, Permission to Tryout, Non-Resident Player or any similar mechanism.
- A player must demonstrate sufficient skill in relation to the other players being assessed and will not be offered a position as one of the last selected (e.g. typically top 10). When possible, the Executive will establish the required ranking on a case-by-case basis in advance. Should a player be unsuccessful in achieving sufficient ranking they will be offered a position on the lower ranked team in that age group (dependent if team size can accommodate).
- Executive retains final decision for all player movement taking into consideration the individual and overall organization impacts.

BY-LAW 11

Fundraising

L.A.A. operates as a non-profit for the benefit of the community and relies on fundraising/donations. Events and activities to support this goal will be identified and operated by the VP of Fundraising. Overall the goal is to support the broader hockey community while balancing the needs of the association.

L.A.A. will maintain and update a fundraising policy to establish clear guidelines and procedures for team-level fundraising activities conducted within the Lucan Minor Hockey Association.

By doing so, it ensures compliance with all relevant laws and regulations, while fostering transparency, accountability, and ethical behaviour in all fundraising activities.